

WHAT SHAPE CAN YOU MAKE**HOW TO PLAY:**

- Ask children to show you a number one using their fingers.
- Then ask children to show you a number one using both of their hands.
- Progress to showing a number one using their whole body.
- Put children into pairs and ask them to show a number one together.
- Discuss with the class the importance of being able to use your body to form shapes and represent objects in dance (as it helps to tell a story and create character.)
- Choose a theme for the game, e.g. kitchen objects.
- Split children into groups of 6 or 7.
- Give the children an object they must form together within a set time frame, e.g. 30 seconds.
- Encourage good team work to help achieve the shape required.

Progression:

- Reduce the time frame
- Allow groups to choose their own object to create, and then other groups must guess what object the group is showing.

Resources

- Music is recommended to be played a very low level until the children have grasped the concept.