

	 <p>HEAD (CREATIVE/THINKING) <i>Decision making, analysis and improvement, creativity</i></p>	 <p>HEART (SOCIAL/FEELING) <i>Showing positive behaviour, health and fitness</i></p>	 <p>HANDS (PHYSICAL/DOING) <i>Leadership, technique and skills development</i></p>
Bronze	<ul style="list-style-type: none"> - Try to choose movements that reflect the dance idea - Recognise and describe some body actions and some expressive and dynamic qualities of movement 	<ul style="list-style-type: none"> - With help, move in their own space trying to avoid others - Recognise when they feel out of breath when dancing - With help, find and work with a partner 	<ul style="list-style-type: none"> - Explore basic body actions - Begin to make single movements and combine movements using different parts of the body. - Practise moving expressively and clearly - With help, remember, repeat and link movement phrases and dances
Silver	<ul style="list-style-type: none"> - Choose appropriate movements for different dance ideas. - Vary the way they use space 	<ul style="list-style-type: none"> - Move in their own space trying to avoid others - Work with a partner and with help, work with different partners - Work in pairs to complete a task 	<ul style="list-style-type: none"> - Perform basic body actions - Use different parts of the body both singly and in combination - Show some sense of dynamic, expressive and rhythmic qualities in their own dance - Remember and repeat short dance phrases and simple dances
Gold	<ul style="list-style-type: none"> - Choose movements that show a clear understanding of the dance idea. - Describe basic body actions and simple expressive and dynamic qualities of movement. - Talk about dancing using a range of descriptive language 	<ul style="list-style-type: none"> - Move in their own space, avoiding others - Work with many partners - Work in pairs considerably and effectively 	<ul style="list-style-type: none"> - Perform more complicated combinations of movement fluently and with control. - Perform clearly and expressively. - Show an awareness of phrasing and music